

Freedom *from chemical dependency*

LIBERTAS



Libertas provides an adolescent inpatient unit as well as outpatient programs for both adults and kids with chemical dependencies. Treatment will help to relieve the pain and suffering of the dependent individual and that of the family and will give them the skills necessary to cope with the disease and make their lives more manageable.

Tailgate Party

Libertas hosted its first annual pig roast tailgate party before the Notre Dame Academy/Green Bay East High football game at Notre Dame. The party was a huge success. Seven hundred people were fed, parent and student awareness of alcohol and drug addictions was heightened, and a lot of media attention was created. It's what we wanted to accom-

plish and we certainly surpassed that goal. Everyone had fun...proving that you do not need alcohol or drugs to have fun at a party.

Libertas wishes to thank America's Service Lines for the use of a refrigerator truck, Fox Valley Metal Tech, for building and donating the pig roasters, Festival Foods for supplying potato salad, beans and bottled water, The Elite Group for donating printed T-shirts, The Karma Group for all their help with signage, Leonard and Finco for alerting the media, Dorsch Ford for the use of their tent, Engineer John Cavil who designed the pig roasters, and all the volunteers who made the event happen.



Lee Ketter, Michael Ketter and Randall Lawton are busy at work carving the pig

A special thank you to Michael Ketter who orchestrated and chaired the event. Without his wonderful idea and big dreams the event would never have happened.

Thank you to Co-Chairs Paul C. Schneider and Edward Martin and the entire Resource Development Committee for their very hard work at the event and the days before the event.

Resource Development Committee

Honorary Campaign Chairs:

Bob and Madeline Harlan
Irene D. Kress
Carl and Mary Ellen Kuehne

Paul C. Schneider, Chair
George F. Hartmann
Judy Tweet Howald
Diane V. Liebmann
Greg Rotherham
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Ken Krueger
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Scott King
Randall Lawton
Sharon Lutsey
Duffy Malooly
Edward N. Martin
Dawn McCole
Joe Neidenbach
Barbara A. Nick
William S. Woodward

Staff Support

David B. Fish, ex officio
Patrick Ryan, ex officio
Patty Mancuso, ex officio



Bill Petersen and Paul C. Schneider carrying a pig from the roaster.

Being Responsible with Alcohol

The holidays are fast approaching. It will soon be time to raise a glass of good cheer, right? All too often, holiday celebrations in Wisconsin involve alcohol. Drinking and the holidays can pose problems particularly for those who view the holidays as a stressful, lonely time of year.

Emotions tend to become magnified during the holidays – whether it's excitement or anxiety. Visiting in-laws, choosing the right gift, juggling time and finances can lead to increased stress and discomfort. Mixing these emotions with liquor can

be dangerous.

Avoiding alcohol during the holidays can be difficult, but there are some simple ways to move safely through the festivities.

Be choosy about social engagements. Although you may want to attend every get together for which you are invited, restrain from doing so if you know the celebration will be focused around alcohol consumption.

Act responsibly at holiday parties. Even if everyone is drinking, don't be afraid to differ-

ent and say "no" and don't be afraid to excuse yourself early.

Throw responsible holiday parties. Make sure to always have non-alcoholic beverages and food available at all times.

Keep in mind that there is always an escape route available should you find yourself in an uncomfortable situation during the holidays. After all, the holidays are meant to be a time for gratitude and good will, not just merry-making.

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Libertas is grateful to those members who have recently joined the Resource Development Committee for the Compassion for Kids... Support for Parents campaign. Honorary Chairs are Bob and Madeline Harlan, Irene D. Kress, and Carl and Mary Ellen Kuehne. New committee members are: Randy Biebel, Michael Calawerts, James B. Christensen, Scott King, Joe Neidenbach and Dawn McCole. Thanks to the entire committee for the dedication and care they bring to the mission of Libertas.

See entire committee listing on front page.

Making a difference . . .

What if there were no drugs or alcohol in our world? What if there were no substances that caused addiction? Well...we would not have nearly as many families in crisis, the divorce rate would drop, our jails would be closer to empty, and hundreds of young people would not be killed in car accidents each year. There would be far less spousal abuse, child abuse, homelessness, and teen pregnancies. Finally, more of our children would grow up to be productive, healthy, happy individuals.

How do we assist in creating this utopian state of affairs? It begins with prevention and it should begin with our children. The most vulnerable group in the drug and alcohol epidemic is our kids. Substance abuse among adolescents continues to be a major issue facing our young people today and it occurs within all social and economic groups. Furthermore, research shows that adolescents are far more vulnerable to addiction than adults.

Adolescents, ranging in age from 11 to 18, come to Libertas with serious addictions to alcohol, marijuana, prescription drugs, inhalants and other street drugs. If Libertas services were not available for these young folks, they would most likely continue on a path of self destruction, leading to a life of crime and eventual incarceration.

The Resource Development Committee at Libertas is working diligently to ensure that preventative and treatment services continue for the youth in our community. The current campaign, "*Compassion for Kids...Support for Parents*" is the means by which these services will be protected and sustained for decades to come.

If you wish to make a contribution to the *Compassion for Kids ... Support for Parents* campaign, please contact Patty Mancuso at Libertas, 920/498-8600.

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